Newsletter 9th February 2024 Volume 78 Issue 5

www.brook.dudley.sch.uk





Can you help?

Back in December, we received the devastating news that one of our Year one pupils had been diagnosed with acute lymphoblastic leukaemia. We are pleased to report that he is currently bravely fighting and receiving the treatment that he needs to battle this disease.

He was very poorly when he was diagnosed and his cancer was very aggressive. For this reason, he will need a stem cell transplant in the next few months. He is currently having very intensive chemotherapy to get rid of as much of this disease as possible, but will need a transplant to stop it from returning.

Could you help by joining the Stem Cell & Bone Marrow registry. It's really quick and easy to join and all you need to do in the first instance is send off a swab from your cheek once you have received the kit. If you were a match for someone and were asked to be their donor, the procedure for donating your stem cells is straight forward and you'd continue with your everyday life afterwards. For the person receiving this transplant, it's literally lifesaving. You could potentially save someone's life. 🖤

Here are a few registries that you can join with:

https://www.dkms.org.uk (aged 17-55) https://www.anthonynolan.org/ (aged 16-30) https://www.bbmr.co.uk/joining-the-register/

(you need to be registered to donate blood first)

Each registry has specific health criteria and list medical conditions that might prevent you from donating. Check their website for this information. Once registered, the organisation will contact you if you are a match for someone who needs stem cells or bone marrow.



We will be celebrating World Book Day on Thursday 7th March!

> We would love for our children to be involved and encourage them to dress up as their favourite book character.

We understand that this can be an extra expense, so do not expect you to go out and purchase an outfit; homemade ones are welcomed!

WORLD

BOOK

DAY

7 MARCH 2024



We would like to wish Mrs Bowater a very happy and well deserved retirement as she leaves us today after almost 14 vears!

We would like to thank her for all her hard work over the years!





Thank You

Thank you for all those who got involved and donated to the Midlands Air Ambulance today! We will share the total amount raised as soon as the numbers are in!

We happily raised £104 when the Air Ambulance helipod came to visit us a couple of weeks ago and the children had a fantastic time exploring the pod and learning some valuable life saving skills!

If you'd like to get more involved and raise more much needed funds as well as getting the chance to show off your artistic skills then check out our in-school competition below!

This half term why not design a poster with information all about the essential life saving service the Midlands Air Ambulance Charity offer to encourage other people to donate to this worthy cause.

There will be a £1 entrance fee (all proceeds to the air ambulance) and the winner will not only receive a prize, but their poster will be displayed on the Midlands Air Ambulance Charity website as well as in the school foyer, on the school Facebook page and hopefully in local libraries!

All entries to be handed to the front office or class teachers by Wednesday 21st February with the winner to be announced the end of that week. Good luck everyone!

Wellbeing Corner

How to tackle anxiety-just say STOP!

Anxious thoughts are a common problem for parents and children alike - arising from school, work, relationships and uncertainty about the future. When these thoughts become frequent fixtures in the mind, it can lead to unhelpful coping mechanisms like changing food habits, tantrums, or avoiding worrying situations - and even depression.

- If you recognise an anxious thought, interrupt it and command it to stop!
- Be firm and shout it in your head: STOP!
- Interrupting this thought is important, as we're stopping it from developing into a spiral of negative thinking and further anxiety.
- It's okay if the thought comes back. Interrupt it again!
- The more you practice this, the easier it will be and the longer the gaps between having these anxious thoughts.

Try this technique yourself, or, if your child is struggling with anxiety, you





Basket Ball Competition Vesterday, Thursday 8th February, 11 pupils from Year Five and Year Six took part in an interschool competition at Bramford Primary School. All schools played to a very high standard and the competition was strong. Ms. Tsang was very proud of the resilience show by all pupils at Brook who not only demonstrated our school values but showed great sportsmanship too. Well done to all players!



<u>Énnnnnnnnnnn</u>



The theme this year is 'Time'! Pupils could create a poster showing how a certain type of technology has changed over time; the advancement of time-telling technology; look to nature at topics such as lifecycles, lifespan, evolution or hibernation or even go futuristic to show us how they think the world might look in years to come. Judges will be looking for a creative approach, clear content (accurate information about a

is presented in

an engaging way.

Entries must be one page of A4 or A3 paper and have the entrant's first name, age and class written on the back. Brook Primary can only select a maximum of five entries to be sent off. (Please note if you do not wish for pupil's name and age to be submitted to the competition then please make this clear on the entry and only the school name will be shared.) Entries will need to be submitted to Ms Tsang by Friday 8th March. Full t&c's can be found at Poster competition - British Science Week





nad reports of the bus been blocked from coming down the road for dimost 15 minutes, just due to how cars have been parked on double yellow lines etc. Again, refusal to move even after the driver had asked. We are a community school and pride ourselves with displaying the value of respect but this is not being reflected in these circumstances. We need to respect our community and be role models for our children.



MMR vaccine clinics

Dudley:

Saturday 10 Feb 10am-3pm Mary Stevens Park, Stourbridge, DY8 2AA **Tuesday 13 Feb** 9am-2pm War Memorial, Lye, DY9 8LF Friday 16 Feb Dudley Market Place, High Street, DY1 1PQ 9am-2pm Saturday 17 Feb 10am-3pm Halesowen Town Centre, Somers Square, B63 3AE Sandwell: Saturday 10 Feb 9am-3pm West Bromwich Central Family Hub, Off Claypit Lane, West Bromwich B70 9EZ Tuesday 13 Feb 9am-3pm Tesco, Fox Oak Street, Cradley Heath B64 5DF Thursday 15 Feb Tesco, 46 New Square, West Bromwich B70 7PR 9am-3pm Walsall: Saturday 3 Feb Van outside Poundland Walsall Town Centre, 9am-3pm Lower Hall Lane, WS1 1PU Monday 12 Feb Tesco, Silver Street, Brownhills, Walsall, WS8 6DZ 9am-3pm

Wednesday 14 Feb 9am-3pm The Square, New Invention, Willenhall WV12 5EA Thursday 15 Feb 9am-3pm Blakenall Village Centre, 79 Thames Rd, WS3 1LZ Walsall Town Centre, Lower Hall Lane, 9am-2pm St Matthews Quarter, WS1 1PU

Wolverhampton:

Saturday 17 Feb

Saturday 3 Feb 9.30am-2.30pm Whitmore Reans Family Hub, Monday 12 Feb 9am-2pm Wednesday 14 Feb 9am-3.30pm

Lansdowne Road, WV1 4AL Bilston Market, Pinfold Street, WV14 0DN Low Hill Family Hub, 26-28 Fourth Avenue, WV10 9LZ



For details of where the clinics are, please see details attached or visit our website at blackcountry.icb.nhs.uk/measles

Special Educational Needs and Disability

INFO CORNER

Did you know ...?

Most children with an SEND need will have a Plan, Do and

Review to support their needs?

Plan, Do and Reviews are a set number of targets decided by the class teacher (in conjunction with outside agency reports) to support your child's SEND needs.

Each target is usually worked on for approximately three weeks before reviewing and new targets set.

You can ask your class teacher about these.

Has your child had their MMR vaccine?

Pop up vaccination clinics have been set up across the Black Country for all eligable children who are due or have missed a dose. Adults up to the adge of 25 are also invited to come forward.

Measles is a highly infectious disease which can lead to serious complications such as severe lung infections and inflammation of the brain. It also damages and suppresses the whole immune system, meaning children can be left much more susceptible to catching other illnesses.

Symptoms of measles include:

- high temperature
- runny or blocked nose
- sneezing
- cough
- red, sore, watery eyes rash, which usually appears a few days after cold-like symptoms (sometimes it starts around the ears before spreading to the rest of the body).



For details of where the clinics are, please see details attached or

visit our website at blackcountry.icb.nhs.uk/measles

Safeguarding

INFO CORNER

Drugs, alcohol and smoking:

Substance misuse means to regularly consume alcohol, drugs, or to smoke to make them feel better. Some people may use them to try to cope with their worries, however even in small quantities this can do the opposite and make you feel worse in the long run.

Once you start to take any of these substances you may find you crave them more and start to depend on them by taking them in larger quantities, and more frequently. It may feel like they are helping you at the time, but they could be causing your feelings to get worse such as encouraging depression, or for your body to weaken with damage to your liver, heart, stomach or brain.

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	<u>Spell</u>	ing Shed	☆		
$\diamond \diamond \diamond \diamond \diamond \diamond \diamond$	Well done to the top spellers in each class for the past 7 days! The top class of the week is5HI - Well done!				
	1R	-	*		
☆ ☆	1W	Thea			
	2C	Erin	$\frac{1}{2}$		
\mathbf{x}	2T	Lucas	\mathbf{k}		
*	3	Mia	*		
	3	Thomas			
	4D	Jensen			
	4F	Jameson	$\frac{1}{2}$		
\mathbf{k}	5I	Grayson	\mathbf{x}		
*	5P	Kaylon	☆		
<	6HT	Matilda			
☆ ☆	6AH	Amelia	☆ ☆		

 Kaylon

 Kaylon

 Matilda

 Amelia

 Amelia

 Amelia

 Amelia

 Attendance:

 29/01/24-02/02/24

6AH were the highest attendees in KS2 and 2T were the highest in KS1.

Well Done!

D	well Do	S OR			
	Rec D	95.42%			
٥	Rec B	95.22%			
D	1R	93%	Sec.		
D	1W	93.33%			
	2C	95.33%			
D	2T	97.86%			
D	зB	95.71%	Sec.		
D	зМН	90%			
	4D	97.04%			
D	4F	95.19%			
D	51	94.67%	Sec.		
D	5P	97.8 6%			
	6AH	98.67 %			
D	6HT	93.67%			
0	School Total	94.57%			
D	Target	97%			



valentines! Please don't forget to make the £1 donation via the following link to support raising funds for the air ambulance: <u>https://www.justgiving.com/page/brook-primary-</u> <u>1706738296260?newPage=true</u>

Thankyou for the previous donations from Key Stage 1 a few weeks ago when the air ambulance bought a helipod to school for the children to explore. We raised ± 104 for this life saving charity!





Brook Primary School

Brook Buddies parents it's that time again! If you require a place at Buddies please remember you need to fill in a new parent pack please. These are available from Buddies or the main school office

Brook Buddies runs every morning and evening. Why not join us for breakfast or some after school fun? Our session times & prices are below:

Breakfast club:

8:00am-8:45am - £3.50

Afterschool club:

Half session 3:20pm-4:45pm - £5.25

Full session 3:20pm-5:45pm - £8.00

All bookings must be made by Thursday of the week before you require childcare.

Please note: (Summary from Brook School policy)

Parents should collect their child promptly at the end of a session otherwise you will be charged a fee of £10.00 to cover staff costs if they are **more than 10 minutes late**. If this situation arises more than three times in one term, their child's place at Brook Buddies may be forfeited!

<u>Buddies parents please note:</u>

If you need an emergency place—this needs be paid on Parent Pay no later than 3pm.